

Grab and Go Meal Information

GENERAL MEAL STORAGE

IMPORTANT For anyone who has food allergies, please be sure to read ALL food labels before consuming products OR email Kendal Stokes at kstokes@sosgroupinc.com.

All foods requiring refrigeration need to be kept at a temperature of 41°F or below. Shelf-stable items should be stored at a temperature of 85°F or below.

All Fresh Milk & Juices - Refrigeration required. Consume by the “Best By” date.

All Cereals, Crackers, Chips, Sunflower Seeds - Shelf-stable. No refrigeration required. Consume by the “Best By” date located on the product.

Grain-Based Breakfast Pastries (e.g.: Benefit Bar, Honey Bun, Muffin, Cinnamon Roll, etc.) - Previously frozen product. Shelf-stable, but consume within 5 days.

String Cheese - Refrigeration required. Consume within 5 days.

Fresh Whole Fruit – Refrigeration recommended, but not required.

Fresh Processed/Bagged Fruit & Vegetables as well as cold fruit cups – Refrigeration required. Consume by the “Best By” date located on the product.

All Shelf-Stable Fruit, Vegetable, & Milk Items (e.g.: Applesauce cups, Raisins, Craisins, “Fruitable” Juice Boxes, Shelf-Stable Milk Boxes, etc.) - Shelf-stable. No refrigeration required. Consume by the “Best By” date located on the product.

Cold Sandwiches (e.g.: PBJ, SunButter, etc.) – Refrigeration required if not consumed in one day. Previously frozen product. Consume within 3 days if refrigerated.

Lunch Items that require heating (e.g.: Cheeseburgers, Hotdog, Chicken Nuggets, Calzones, Pizza, etc.) – Store in refrigeration until ready to heat & consume. Store in refrigerator no longer than 5 days. Heat up following the heating instructions below, and consume within two hours.

GENERAL AT HOME REHEATING:

Sausage, Hamburger, Chicken Patties, Chicken Nuggets, Hotdog if frozen:

Microwave Oven: Instructions are based on heating a single portion. Heating times may vary based on the number of portions being heated at one time. If heating more than one serving, increase microwave time by 30 seconds for each additional portion.

1. Place burger or patty onto microwave safe plate or container. Loosely cover with damp paper towel.
2. Heat on high for 90 seconds or until the product is thoroughly heated.
3. Carefully remove from microwave and serve.

Stove Top: Instructions are based on heating a single portion. If heating 2 or more portions, use a larger pan. Cooking time should be similar as single portion.

1. Place burger or patty into a skillet.
2. Heat on medium to high heat for 2 - 3 minutes. Flip and heat the other side for 2 – 3 minutes.
3. Remove and serve.

Oven:

1. Pre-heat oven to 350F°.
2. Place burger or patty on an oven safe pan and heat for 8-10 minutes.
3. Remove and serve.

Heating of each item will vary slightly. Chicken should reach 165 degrees. Beef should be at 160 degrees.

Leftovers:

- Place any uneaten portions into storage container (plastic or glass container w/lid or Ziploc bag).
- Store in the refrigerator until next use, but no longer than 3 days.

Pancakes/French Toast:

Heat & Serve: Heat frozen pancakes in ovenable pouch.

Convection Oven:

1. Preheat oven to 350F.
2. Place pouches flat on a baking sheet and heat for 7-9 minutes.

Conventional Oven:

1. Preheat oven to 350F.
2. Place pouches flat on a baking sheet and heat for 10-12 minutes.

*DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type and load.

Consume within 6 hours of preparing.

Eggo French Toast:

Simply heat in the oven to warm or thaw and serve prior to eating.

Nardone Pizza:

For a crispy crust:

1. Preheat oven to 325 F.
2. Place pizza directly on center oven rack.
3. Cook for 7 to 10 minutes or until cheese is melted and crust edges are golden brown.

For a softer crust:

1. Preheat oven to 325 F.
2. Place pizza on a baking sheet.
3. Cook for 8 to 11 minutes or until cheese is melted and crust edges are golden brown.

Turkey Corndogs:

Conventional Oven:

1. Preheat oven to 350 degrees.
2. Cook from thawed for approximately 20 minutes.
3. Internal temperature should reach 160F.

Grilled Cheese Sandwich:

Conventional Oven:

From frozen:

1.18 minutes at 325 degrees

From thawed:

1. 12 minutes at 350 degrees

Microwave:

From thawed:

1. Open one end of package. Heat for 40 – 50 seconds until heated through.